



# Oral & Facial Surgery Center of Tallahassee

## PRE- OPERATIVE INSTRUCTIONS

If you are scheduled to be treated under IV sedation:

- **You may not have anything to eat or drink for at least 8 hours prior to your scheduled surgery time.** If you have daily medications that you must take, you may take these with a small sip of water only.
- A responsible adult driver must accompany you to your appointment & they **MUST remain in the office** during your procedure and recovery. They must drive you home after your procedure and assist with filing your prescriptions. We highly recommend that a responsible adult stay with you for at least 24 hours after your procedure.
- Please wear comfortable clothing, including pants/shorts (no dresses) and a shortsleeved shirt so that we have access to start an IV.
- You must remove contact lenses, facial jewelry and piercings, as well as dentures or any removable dental appliances prior to surgery.
- **Do not wear** fingernail polish or acrylic nails. This is for your own safety as the acrylic or polish can prohibit the monitors from working properly. (If you arrive with fingernail polish or acrylic nails; they will be removed)
- All personal items that you bring to your surgical appointment must be left with your adult driver.
- For your comfort, you may bring a small blanket or throw to keep you warm during and after your procedure. We also recommend that your driver bring a jacket/ blanket for their comfort as well.
- We would like to remind you that your scheduled time is your arrival time, not your surgical time. This is a surgical center, and unforeseen circumstances can create longer wait times and hinder the flow of the surgical schedule. We promise to work diligently to seat you at your scheduled time and appreciate your understanding.

We recommend that you plan for your recovery. We recommend that you stock your refrigerator with enough cool, smooth liquid foods to last you at least 72 hours. Examples include: yogurt, pudding, ice-cream, milkshakes, smoothies, Ensure, Boost, etc.